**Research Question**

Will children and youth from families who have adopted and are referred (or self-refer) to ASAP’s post adoption services in the East, Northeast, Tennessee Valley, Knox, Smoky Mountain, and Upper Cumberland regions who receive the NMT experience a reduction in post permanency discontinuity, improved wellbeing, and improved behavioral health when compared to similar children and youth who receive services as usual?

**Findings**

**CAREGIVER CONCERN**

Caregivers reported less parental concern.

**CHILD BEHAVIOR**

Change in BPI Internalizing Score

-2.04

-1.09

The arrows to the left represent the average reduction in BPI Internalizing Behavior Subscale scores from pretest to posttest for families who received NMT and those who did not. While behaviors improved for both groups, NMT families showed a greater improvement.

**Recommendation**

More research using larger samples and longer observation windows are needed to examine the effects of the NMT with post-adoptive children and families. Incorporating the NMT Metric as a post-adoption intervention is a long-term investment designed to help children who have experienced significant trauma and may have a positive impact on children and families over time.
This research summary was designed by staff at the Texas Institute for Child & Family Wellbeing at The University of Texas at Austin, Steve Hicks School of Social Work, in conjunction with the Jack, Joseph and Morton Mandel School of Applied Social Sciences at Case Western Reserve University.

**Evaluation questions?** Please contact Nancy Rolock at nancy.rolock@case.edu or Rowena Fong at rfong@austin.utexas.edu.

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